

Ethiopia FSO

α: HAS FSO
ma Qual Sec FSO
ma In Correction FSO

Jordanian FSO

Knowledge Report

HASFSO

22 NOV 95

At 1:30 AM last nite HASFSO walked me out of bed. She rubbed me to wake up & acted very friendly. I was quite asleep as I have not slept well for days & was very tired as I start my day at 6:50 AM as I help weight train the Class 12's each morning with out fail. She told me that I needed to go on watch for some public that fledged. She said that Suzanne Shurenberg, MLO office mgr, was ordered to do it but refused. She told me Ryan Jordan was waiting downstairs for me in the car then she walked away & looked outside said something & came back. I started to awaken & said this is not my hat & she said it wasn't hers & she was very sick & wanted to be in bed. I know this is true on being ill as I had given her an arrest order & she's my roommate & I never see her come home on time except once. It's usually 3-4-5 AM. She then told me I had to do this as Emma Schamnerborn^{RAUC MLO} did this & Emma's in her 60's or 70's & was arg with her 2 nites. She said I needed to have the SD member VP & they had sent some new EPF graduate over there who left because the Type III was too much for her & I was a net & could handle it. She said Suzanne Shurenberg would hold the lobby as this was her hat. I refused again & again. She then proceeded to swear at me F this & F that & if an exec asked me to handle it would I say "no sir" to them I tried to say that our execs would never

demand this & she started swearing again at me. This went on 25 minutes. I went on this watch as I had no senior to consult with at 2 am. I went into the room & she was total Type III. Babbbling, incoherent non stop. Shaking, no warm clothes - a bra top & shorts & shoes - no socks. She fell asleep for 4 hours & got up. I finally chased her around the place 50 times & got on socks, tee shirt, jacket, socks & shoes - she was like an ~~animal~~ ice cube.

She talked incoherently hour after hour. She refused to eat & spit out everything she took. Her breath was foul. She looked ill like measles a chicken pox^{on her face}. Had a fever to my touch. After 1 pm she went violent & hit me a few times telling me in a rage she was to kill me 7 times. I called in the "guard" outside - the fellow an HEO staff member - new one a Mexican gentleman. He stayed with me during the rage - but she still smacked me around. (I did cover & guard myself but she was out of control). I finally got her to drink a protein shake but she wouldn't eat a sleep any further.

This lasted til 4 pm. There was no post coverage for my library & it was very busy^{per Qadl H1}. In fact no one was R-factored til later per the Qadl H1. I had no food, drank a sleep the whole time.

Now I'm not in uniform - can't get back to my room; starving - have no \$ to get food; no key to my room & out of sorts from the whole ordeal.

True
Plice / Jm Cordelle
Jiranan FSO

MLD Report

1/12/95
1100

Lisa McPherson

Given 2gm MgCl₂ IM at 10³⁰ + 2-500mg Chloral Hydrate (capsule pierced and as much possible squirted into her mouth). She swallowed and fell asleep in the middle of a sentence. Resp rate 18-24. Extremities still cool but not cold. S. DLV. needs relief now; I will stay until replacement comes.

Plans: ① Valerie or watch personnel w/ medical training for next 8 hrs.

② Needs 2L fluids when awake and attempt to feed.

③ Call if any ?'s prob's.

ML,

Johnson M.O.

To: SNR C/S FSO

29/11/95

From: Valerie Demange

1:20 PM

Re: Lisa Mc Pherson
(Addition to the morning report)

Dear Sir,

Since 11:00 AM yesterday morning, Lisa slept 3 hours during the day (it was 3 times 1 hour) and last week earlier she did sleep 3 hours this last night -

1 hour and half ago, she drunk a full protein drink as well as took 300 mg B1, minerals, B complex, 200 mg of potassium - We then had her take a bath as it has been successful yesterday to have her sleep -

M Valerie

UIC Report

29/11/95
11:30 AM

Lisa McPherson

Had about 3 hrs sleep last night.
The 'Watch' said she was jittery, but
suspects it's because she's weak, in
spite of protein drink, etc of yesterday.

Vitamins & protein drink being prepared
for her now.

Will be given Cal Mag, as well.

P.S.

P/MC.

Sur C/S FSO ←

Rush
→

Sen 9/5 at
Susanne Reid

Yesterday night she I slept
for abt 1.30 hrs. She slept

from night after 4:00 up to

5:30. She was trying to go
out of her bed. I put her

back every time night after.

Then she was rolling on the

bed + fall out of the bed

night against the wall. I picked

her up + put her back to bed.

She was rolling out again, she hurted

herself a little bit. I picked her

up again + put her back against

the wall. ~~What was going~~

I also tried to give her a
banana, she did not want
to eat.

LISA McPHERSON

20/11/95

12:16 pm

HOW MUCH HAS SHE SLEPT?

Looks like no sleep. She goes for a nap, back up in 3 minutes.

When Did she last eat? HOW MUCH?

Take a sip of water + spits it out.

Bite of apple, bite of banana, spat them out.

IS She taking vitamins? Specifies

No. won't take anything.

IS she taking Cal-Mag? How Much?

Few sips, maybe $\frac{1}{2}$ glass, last night.

To: SNR C/S RSO ^{/RUSH/} 21 Nov 95.
From: Valerie Demange 12:00 PM.

Re: Report on Lisa Mc Pherson.

Dear Sir,

Lisa slept about 8 hours or more - I arrived on the watch at 1:00 AM and she was sleeping -

She has been waking up for some short period of time (like 15 seconds) and then falling asleep again - She was also talking a lot, mainly saying "Thank you" while sleeping. This morning at about 9:30 AM I got her to take 200 mg of B1, 1000 mg of C vit, 200 mg of potassium and 100 mg of B6 - I brought some cell mag but she refused to drink it - However she drank 2 glasses of water and had a large protein drink - Around 11:00 AM she was given some eggs and toast - She ate half a toast and 2 bites of Eggs - She was then pretty agitated for about an hour during which time she was talking a lot and crying - What she was saying usually was non sequiturs, like saying that

She was going to go somewhere
and then laying down on her
bed - She told me as well that she
has had bad ~~own~~ manners and this
resulted in bad consequences -
She also at some point asked me
if someone was behind the door -
I made her understand there was
nobody and she was fine -

This is all for now -

M. Valeri
Staff Chaplain

0/8 0

22/11/95
11:20

LISA McANDRESON

① Bed was broken & room was
Messy. Was cleaned up & she
rested / slept 4 or 5 hrs.
She's doing better today. Walking
around now & doing better

② Asked for a protein shake & was
just delivered 1 hr.

③ Has not eaten.

④ Around 1 AM punched out a person
who was being assigned to do the
watch. Valerie Demange is still

②

assigned to the watch & doing well.

Alice Van Goudel replaced for award

2 - 2:30 AM

A stylized handwritten signature, possibly reading "S. Van Goudel", consisting of several overlapping loops and a long horizontal stroke.

S. Van Goudel

26 Nov 95

To: SNR C/S FSO ←

From: Staff Chaplain

Re: Liza McPherson

Dear Sir,

I was on the watch from 3H30 AM to 4:00 PM. From 3H30 AM to 10H00 AM she was very nervous and violent - During that time she did not sleep - She slept only from 10:00 PM to 2:00 PM, then woke up and has been awake since -

She has not been eating just drinking a little bit of orange juice, then she threw the rest away - She also refused to eat the food that was brought to her, including the protein drink that she usually takes -

The rest of the time she is just asking many questions and answers, like if a nurse would be asking her questions and she would then answer -

HPD/FS: 4:35 PM

Lying down resting.
Not asleep.

Y. M. Jones

Staff Chaplain

Public MLO ←
Rita Boykin, FSCUS

RUSH

26 Nov '2

Re: Lisa McPherson

I want to correct the data regarding
what Lisa actually ate today.

Cold cuts were brought over - she was
interested in them but would not chew or
swallow. I had some Herbalife protein
powder & made a shake for her. She would
not drink this. There were several very ripe
^{bananas}~~bananas~~ available to me, so I mashed one &
put about a tablespoon of protein powder in
it. She ate it very eagerly at first. I made
a second batch which she was less interested in,
even tried to spit away from her - I simply gave
her a bite every few minutes and left her alone
when she fought it.

She was lying down when I fed her. She
tends to just hold things in her mouth or spit
them out. I was making swallowing motions &
rubbed my finger on her throat & she finally
swallowed the first and next couple of bites
gave her. Then she was very in PT &
interested in the rest.

△ Rita Boykin

Report Wed night

from 8:15 to 12:30 → slept about 40 mins - Called MCo to get some instructions -

12:30 Valeri + I gave her 2 Valerian root capsules
2 of the little gel tablets + 2 white tablets with
about 3/4 cup of herb tea

1:00 - 1:30 I gave her ^{1/3 of} banana shake with five more
of the small white tablets.

2:00 - 3:00 She slept soundly. Dozed fitfully before
+ after this

4:00 Spoke with Dr Johnson re no real sleep

3:00 - 6:00 Gave her the rest of the banana shake
with the 5 white tablets + 2 more Valerian Root capsules

6:00 - 9:00 She slept soundly

There are some very ripe bananas in the
housekeeping room. I am going to get more Valerian
root to her in some mashed banana. She really
likes banana.

Rita Bayken

Dear Sue,

9 PM - 1 AM

30 NOV ?

FRI PM

Awake. On floor scooting around, moving arms + legs + speaking + grunting.
Had 4 ozs of a thick, rich protein shake from the Pavilion.
1 AM Dr Johnson just visited. Not possible for her to have any more chloralhydrate. I need to get 4 more valarian root capsules into her + a quart of fluid.

I am mixing up a medium of mashed banana, 0.5 + some of her strawberry protein drink to mask the taste of the valarian root.

1:30 - 5:00 I probably got the equivalent of 3 Valarian root caps into her. It took 4 feedings over a 4 1/2 hour period.

She will appear to be very cooperative - hold her mouth open, make eye contact, act as if she is there, then close the back of her throat + not swallow. Her voice becomes nasal + she mutters rather than pronounces her words properly. My idea of closing her nose so she has to swallow so she can breathe through her mouth is only marginally successful. She either swallows + breathes or she lets everything in her mouth come out. When she refuses to swallow + just spits everything out I leave her alone + try again later.

She just dozed for minutes at a time. No significant block of sleep.

3 AM Cleaning her + the room + getting her into clean cloths. She has had 2 very small BMs in the past 24 hrs + has urinated 5 times.

I am going to give her more banana + finish her shake + give her herb tea also.

15 AM I got a small amount of the banana + shake mixture into her + about an ounce of tea.

She is much more physically strong this AM. She sits up frequently + for long periods of time. Whereas yesterday I only saw her sit up once - she was lying on the floor scooting around. She is using her legs to kick around. Yesterday it wasn't much of a threat.

... not completely solid this AM + we

not help me feed Lisa. I couldn't have enough of a comm cycle with her to get her to help so I used the radio to call security & sent her out. A security guard spoke with her & she came back in. She sat in the corner & cried for a while then helped me feed Lisa.

△ Rita Boykin

~~10:15~~ P.S.

9:45 Sylvia hasn't snapped out of it. She is very down & very solid.

P.P.S. Lisa has come up some - she was apathetic yesterday - physically & in her comm - just a couple spurts of anger & not very determined at that.

This AM she is deliberate & nasty - even evil.

Friday day/evening

11^{AM} She's asleep! Dr Johnson was here & gave her 2 chloralhydrates. I believe she got the entire amount in each capsule.

12⁰⁰ She became very restless & almost awakened. I used 2 Chloralhydrates & got approx 1 in her. Then sat next to her breathing deeply & swung for about 1/2 hr to ^{get her to imitate the} ~~enable her~~ ^{thing & go back to sleep.} ~~would sleep.~~ She kept starting a very fast shallow breathing that was part of her agitation & increasing it.

5^{PM} Still asleep. - Has been "put" back to sounder sleep by "sleepy breathing" but never completely awakened.

5³⁰ She awakened around 3³⁰ & I have not gotten her back to sleep yet. I gave her 4 Valium Root Caps - she probably actually got 2 1/2 - 3 & 6 of the white tablets, giving her Cal Mag & OS at every ^{opportunity}. She is wide awake, on the floor, bouncing, humming & talking. I will be getting a couple of protein shakes for her shortly.

3⁰ Lisa slept for another hour & has been very quietly resting for another hour. I don't have ~~and~~ any more detail than this, as I was asleep also.

^{approx 12 02}
She had 1 protein shake today & approx 10oz of orange juice. Also about 2oz Cal Mag

Dear Sir,

Sat 2 Dec

1^{Am} - 3^{Am} I gave her 4 Valerian root capsules, 4 Orinthane (not positive of the name - haven't seen the bottle, but it is one of the herbal sleeping preparations) and approx 6 oz cal mag.

She has gotten drowsy from time to time but at 3^{Am} is still awake & talking.

We also cut her fingernails. This will reduce the risk of scratches to herself & us. She has scratches and abrasions all over her body & on elbows & knees has pressure sores. None of them are open & none of them look infected.

3^{Am} She slept for 2 hours - 1 hr at a time, ~~being~~ ^{awake}, talking & drastically immobile while awake.

I will give her more of the herbal sleep preparations & will be in comm with Janice later about other measures to ensure she gets some serious sleep today.

The finances for her protein drinks ran out last night. I was in comm a security guard who said the source of the money was Lisa's employer & he thought he could get more this morning.

I suggested we buy Vita Soy from the canteen & protein powder & yogurt & I make the shakes. This would make it go farther this time. I have a refrigerator in the housekeeping room next to Lisa's room.

0^{Am} I haven't given her the herbs as she has been sleeping, sometimes soundly but fitfully also. Next time she wakes up enough to start talking I'll give them to her.

00 Just finished giving her 2 Valerian root caps, 3 Orinthane tablets & abt 2 oz cal mag.

Sat 2 Dec

- 2 PM Appears to be awakening. She has tried to stand several times but is not strong enough yet. I am going to feed her some mashed banana + protein powder. Have been in comm to Security re getting more money for her.
- 3 PM She just finished the banana, protein powder + 4 containers of half + half.
She is resting now. She originated that she knows we are trying to help her although she doesn't know our names and we don't talk to her. The rest of her comm is the usual confused stuff.
She also had a couple ozs of water.
Body wise she is very restful + gentle. She has tried to stand a couple of times but is not strong enough.
- 6:00 Has been laying on the bed sleeping + resting.
- 6:30 Fixing more banana + protein powder + half + half.

Saturday - see

7-8 PM Fed her another banana & protein powder + half + half.
Also got a protein shake + gave her about 2 oz +
1 oz cal Mag + OS

1:00 She has been resting + dozing - talking from time to time.

She feels the pain of the bruises on her body and comments on it when she is moved or bumps herself.

Also, was very lucid when being fed + commented on the milkshake + that it was banana flavor.

1:00-1:30 Tried to feed her again but wouldn't take anything. She thought we were psychos or other enemies who wanted to kill her.

Also tried more valarian root. She just got whatever would be absorbed under the tongue.

Sunday

10 AM She slept most of the time - several hours of really good deep sleep.

When she awakened this AM she was very confused + combative + continues

At 5 AM she got 2 more chloralhydrates + has slept very well since then.

11:30 She is almost fully awake. We are going to feed her the rest of her protein shake + follow it up with more valarian root, oxanthane + cal mag.

She has had a 6 oz cup of water through the night the items above.

4:30 Had another 4 ozs of OS and cal mag. She had about 2 1/2 hours of sound sleep - interspersed with restlessness.

At one point it seemed she wanted a sweater
so I put it on her & she thanked me.