Ethics FSO cc: HAS FSO via Qual Sec FSO via Dir Correction FSO Librarian FSO

22 Nov 95

Knowledge Report HASFSO

At 1:30 am last nite HASFSO walked me out of bed. She rubbed me to wake up & acted very friendly. I was quite asleep as I have not slept well for days & was very tired as I start my day at 6:50 am as I help weight train the Class 12's each morning without fail. She told me that I needed to go on watch for some public that flapped. She said that Suzanne Shurenberger, MCO Office Mgr, was ordered to do it but refused. She told me Ryan Landry was waiting downstairs for me in the car then she walked away and looked outside said something and came back. I started to awaken & said this is not my hat & she said it wasn't hers & she was very sick & was to be in bed. I knew this is true on being ill as I had given her an assist before & she's my roommate & I've never see her come home on time except once. It's usually 3-4-5 am. She then told me I had to do this as Emma Schammerhorn Public MLO did this & Emma's in her 60's or 70's & was up with her 2 nites. She said I needed to have the SO member VP & they had sent some new EPF graduate over there was left because the Type III was too much for her & I was a vet & could handle it. She said Suzanne Shorenberger would hold the library as this was her hat. I refused again & again. She then proceeded to swear at me -- F this and F that & if an exec asked me to handle wh would I say "no sir to them I tried to say that our execs would never [FSO00746] demand this & she started swearing again at me. This went on 25 minutes. I went on this watch as I had no senior to consult with at 2 am. I went into the room & she was total Type III. Blabbering, incoherent nonstop. Shaking, no warm clothes on -- a old top & shorts & shoes -- no socks. She fell asleep for 4 hours & got up. I finally chased her around the place 50 times & got on slacks, tee shirt, jacket, socks & shoes -- she was like an icicle ice cube. She talked incoherently hour after hour. She refused to eat & spit out everything she took. Her breathe was foul. She looked ill like measles or chicken pox on her face. Had a fever to my touch. After 1 pm she went violent & hit me a few times telling me she was to kill me #s of times. I called in the "guard" outside -- the fellow is an HCO staff member -- new one a Mexican gentleman. He stayed with me during the rage -- but she still smacked me around. (I did cover & guard myself but she was out of control). I finally got her to drink a protein shake but she wouldn't eat or sleep any further. This lasted til 4 pm. There was no post coverage for my library & it was very busy per Qual 1H In fact no one was R-factored til later per the Qual 1H. I had no food, drink or sleep the whole time. Now I'm not in uniform -- can't get back to my room; starving -- have no \$ to get food; no key to my room & out of sorts from the whole ordeal.

> Love, Alice Van Gondelle Librarian FSO

[FSO00217]

Sur C/S FSO <-----

Rush

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[FSO00136]

Sen C/S <-----Susanne Reich

Yesterday night she sleeped for abt 1.30 hrs. She sleeped from right after 4:00 up to 4:30. She was trying to go out of her bed. I put her back every time right after. Then she was rolling on the bed & fell out of the bed right against the wall. I picked her up & put her back to bed. She was rolling out again, she hurted herself a little bit. I picked her up again & put the bed against the wall. What was good [FSO00137] I also tryed to give her a banana, she did not wanted to eat.

Lisa McPherson

HOW MUCH HAS SHE SLEPT?

Looks like no sleep. Says goes for a nap, back up in 3 minutes.

When did she last eat? HOW MUCH?

Take a sip of water & spits it out. Bite of apple, bite of banana, spat them out.

IS she taking vitamins? Specifics

No. Won't take anything.

IS she taking Cal Mag? How much?

Few sips, maybe 1/2 glass, last night.

[FSO00139]

/RUSH/

To: SNR C/S RSO <-----

21 Nov 95 12:00 PM.

From: Valerie Demange

Re: Report on Lisa McPherson

Dear Sir,

Lisa slept about 8 hours or more. I arrived on the watch at 1:00 AM and she was sleeping -

She has been waking up for some short period of time (like 15 seconds) and then falling asleep again. She was also talking a lot, mainly saying "Thank you" while sleeping. This morning at about 9:30 AM I got her to take 200 mg of B1, 1000 mg of C vit, 200 mg of potassium and 100 mg of B6. I brought some call mag but she refused to drink it. However she drunk 2 glasses of water and had a large protein drink. Around 11:00 AM she was given some eggs and toast. She ate half a toast and 2 bites of eggs. She was then pretty agitated for about an hour during which time she was talking a lot and crying. What she was saying usually was non sequiture, like saying that [FSO00140] she was going to go somewhere and then laying down on her bed. She told me as well that she has had bad am manners and this resulted in bad consequences. She also at some point asked me if someone was behind the door. I made her understand there was nobody and she was fine.

This is all for now.

Ml Valerie Staff Chaplain

[FSO00141]

C/S	<	
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22/11/95 11:20 AM

LISA McPHERSON

- (1) Bed was broken & room was messy. Was cleaned up & she rested/slept 4 or 5 hours. She's doing better today. Walking around now & doing better.
- (2) Asked for a protein shake & was just delivered to her.
- (3) Has not eaten.
- (4) Around 1 AM punched out a person who was being assigned to do the watch. Valerie Demange is still [FSO00142] assigned to do the watch & doing well. Alice Van Grondel replaced her around 2-2:30 AM.

/s/Alfonso [Illegible]
Security

To: SNR C/S FSO <-----

From: Staff Chaplain Re: Lisa McPherson

Dear Sir.

I was on the watch from 3H30 AM to 4:00 PM. From 3H30 AM to 10H00 AM she was very nervous and violent. During that time she did not sleep. She slept only from 1:00 PM to 2:00 PM, then waked up and has been awake since.

She has not been eating just drinking a little bit of orange juice, then she threw the rest away. She also refused to eat the food that was brought to her, including the protein drink that she usually takes.

The rest of the time she is just talking, asking questions and answers, like if you would be asking her questions and she would then answer.

Much Love,

UPDATE: 4:35 pm

Lying down resting not asleep

ing Valerie Staff Chaplain Public MLO <-----Rita Boykin, FSC EUS

RUSH

26 Nov 95

Re: Lisa McPherson

I want to correct the data regarding what Lisa actually ate today.

Cold cuts were brought over - she was interested in them but would not chew or swallow. I had some Herbalife protein powder & made a shake for her. She would not drink this. There were several very ripe bananas available to me, so I mashed one & put about a tablespoon of protein powder in it. She ate it very eagerly at first. I made a second batch which she was less interested in, even tried to hit away from her. I simply gave her a bite every few minutes and left her alone when she fought it.

She was lying down when I fed her. She tends to just hold things in her mouth or spit them out. I was making swallowing motions & rubbed my finger on her throat & she finally swallowed the first and next couple of bites I gave her. Then she was very in PT & interested in the rest.

▲[ARC triangle]
Rita Boykin

[FSO00146]

SNR C/S <-----

[FSO00147]

SNR C/S FSO < ------Valerie Demange

29 Nov 95 1100 AM

Re: Lisa McPherson

Dear Sir,

Around 7:00 PM yesterday night Lisa had a protein drink as well as a glass of water. We were also able to get her B vitamins. She also had herbs to help her sleep. This night she slept for 2 hours and half straight and later half an hour more. The rest of the time she talks and move on her bed or on the floor. She was violent for about 2 hours yesterday night, the rest of the time she was calmer and looks very tired.

Much Love Valerie Demange

[FSO00148]

Report Wed night

From 8H30 to 12:30 ----> Slept about 10 mins -- called MLO to get some instructions

- Valeri & I gave her 2 valerian root capsules 2 of the little gel tablets & 2 white tablets with about 3/4 cup of herb tea
- 1:00 1:30 I gave her 1/3 of a bannna shake with five more of the small white tablets.
- 2:00 3:00 She slept soundly. Dozed fitfully before & after this
- 4:00 Spoke with Dr Johnson re no real sleep
- 3:00-6:00 Gave her the rest of the bananna shake with the 5 white tablets & 2 more valarian root capsules
- 6:00 9:00 She slept soundly

There are some very ripe bannanas in the housekeeping room. I am going to get more valarian root to her in some mashed bananna. She <u>really</u> likes bannana.

Rita Boykin

Dear Sir,

9PM-1AM Awake. On floor scooting around, moving arms & legs & speaking & groaning. Had 4 ozs of a thick, rich protein shake from the Pavilion.

Dr Johnson just visited. Not possible for her to have any more chloralhydrate. I need to get 4 more valarian root capsules into her & a quart of fluid. I am mixing up a medium of mashed bannana, OJ & some of her strawberry protein drink to mask the taste of the valarian root.

1:30-5:00 I probably got the equivalent of 3 valarien root caps into her. It took 4 feedings over a 4 1/2 hour period.

She will appear to be very cooperative -- hold her mouth open, make eye contact, at as if she is there, then close the back of her throat & not swallow. Her voice becomes nasal & she mutters rather than pronounce her words properly. My idea of closing her nose so she has to swallow so she can breathe through her mouth is only marginally successfull. She either swallows & breathes or she lets everything in her mouth come out.

When she refuses to swallow & just spits everything out I leave her alone & try again later.

She just dozed for minutes at a time. No signifigant block of sleep.

Cleaning her & the room & getting her into clean cloths. She has had 2 very small BMs in the past 24 hrs & has urinated 5 times.

I am going to give her more bannana & finish her shake & give her herb tea also. I got a small amount of the bannana & shake mixture into her & about an ounce of tea.

She is much more physically strong this AM. She sits up frequently & for long periods of time. Whereas yesterday I only saw her sit up once -- she was lying on the floor scooting around. She is using her legs to kick again. Yesterday it wasn't much of a threat.

[illegible name] went completely solid this AM & would [FSO00150][?] not help me feed Lisa. I couldn't have enough of a comm cycle with her to get her to help so I used the radio to call Security & sent her out. A Security guard spoke with her & she came back in. She sat in the corner & cried for a while then helped me feed Lisa.

▲[ARC symbol] Rita Boykin

10:15 P.S.,

9:15AM

9:45 Sylvia hasn't snapped out of it. She is very down & very solid.

P.P.S. Lisa has come uptone -- she was apathetic yesterday -- physically & in her comm -- just a couple spurts of anger & not very determined at that.

This AM she is deliberate & nasty -- even evil.

[FSO151][?]

Friday day/evening

- 11^{AM} She's asleep! Dr Johnson was here & gave her 2 chloralhydrates. I believe she got the entire amount in each capsule.
- She became very restless & almost awakened. I used 2 chloralhydrates & got approx 1 in her. Then sat next to her breathing deeply & sying for about 1/2 hr to get her to immitate the thing & go back to sleep. She kept starting a very fast shallow breathing that was part of her agitation & increasing it.
- 3^{PM} Still asleep. Has been "put" back to sounder sleep by "sleepy breathing" but never completely awakened.
- She awakened around 3:30 & I have not gotten her back to sleep yet. I gave her 4 Valarian Root caps -- she probably actually got 2½-3 & 6 of the white tablets. I'm giving her Cal Mag & OJ at every opportunity.

 She is wide awake, on the floor, bouncing, humming & talking.

 I will be getting a couple of protein shakes for her shortly.
- Lisa slept for another hour & has been very quietly resting for another hour. I don't have any more detail than this, as I was asleep also.

She had 1 approx 12 oz protein shake today & approx 10 oz of orange juice. Also about 2 oz cal mag

Dear Sir,

 $1^{AM}-3^{AM}$

I gave her 4 Valarian root capsules, 4 Orinthane (not positive of the name -haven't seen the bottle, but it is one of the herbal sleeping preparations) and approx 6 oz cal mag.

She has gotten drowsy from time to time but at 3 AM is still awake and talking. We also cut her fingernails. This will reduce the risk of scratches to herself & us. She has scratches and abrasions all over her body & on elbows & knees has pressure sores. None of them are open & none of them look infected.

 8^{AM}

She slept for 2 hours -- 1 hr at a time, talking & basicly immobile while awake. I will give her more of the herbal sleep preparations & will be in comm with Janice later about other measures to ensure she gets some serious sleep today. The finances for her protein drinks ran out last night. I was in comm a security guard who said the source of the money was Lisa's employer & he thought he could get more this morning. I suggested we buy Vita Soy from the canteen & protein powder & yogurt & I make the shakes. This would make it go farther this

time. I have a refrigerator in the housekeeping room next to Lisa's room. 10^{AM}

I haven't given her the herbs as she has been sleeping, sometimes soundly but fitfully also. Next time she wakes up enough to start talking I'll give them to her.

Just finished giving her 2 Valarian root caps, 3 Orinthane tablets & abt 2 oz cal 12:00

mag.

[FSO00153][?]

Sat 2 Dec

Appears to be awakening. She has tried to stand several times but is not strong enough yet. I am going to feed her some mashed bananna & protein powder. Have been in comm /c Security re getting more money for her.

She just finished the bananna, protein powder & 4 containers of half & half. She is resting now. She originated that she knows we are trying to help her although she doesn't know our names and we don't talk to her. The rest of her comm is the usual confused stuff.

She also had a couple ozs of water.

Body wise she is very restful & gentle. She has tried to stand a couple of times but is not strong enough.

 6^{00} Has been laying on the bed sleeping & resting.

630 Fixing more bananna & protein powder & half & half.

Sat 2 Dec

7-8 ^{PM}	Fed her another bananna w/protein powder & half & half. Also got a protein shake & gave her about 2 oz & 1 oz cal mag & OJ
1:00	She has been resting & dozing talking from time to time. She feels the pain of the bruises on her body and comments on it when she is moved or bumps herself. Also, was very lucid when being fed & commented on the milkshake & that it was bananna flavor.
1:00-1:30	Tried to feed her again but wouldn't take anything. She thought we were psyches or other enemies who wanted to kill her. Also tried more valarian root. She just got whatever would be absorbed under the tongue.
Sunday	
10 ^{AM}	She slept most of the time several hours of really good deep sleep. When she awakened this AM she was very confused & combative & continues At 5 AM she got 2 more chloralhydrates & has slept very well since then.
11:30	& follow it up w/more valarian root, orinthane & cal mag.
4:30	She has had 6 oz cup of water through the night the items above. Had another 4 ozs of OJ and cal mag. She had about 2 1/2 hours of sound sleep interspersed with restlessness.
[FSO00155]	At one point it seemed she wanted a sweater on. I put it on her & she thanked me.

[FSO00156]

to: SNR C/S From Med. Off. Manager

18 Nov 95

2:45 P.M.

She had 1 1/2 cup Cal Mag, small bite of turkey & spagettie, 3/4 banana. Lisa is talking since about 30 minutes:

- -"I created time and now 3 billion years ago and now I am dramatizing it since than."
- -"I am LRH and I didn't confront it because I didn't confront that power."
- -"I can't confront force. I am dramatizing it."
- -"I have an MU on the Student Hat."
- -"I was 1.1. What my chronical tone level is."
- -"I dessimiated my mother, but she didn't get handled. As I didn't confront force."
- -"I when want to dance."
- -"I need my auditor, Mr. Vatusinski."
- -"I need to confront my mom."

3:15 P.M.

She is still talking, non stop. She tried to go out of de the door. [FSO00157] -"I want to take the tooth brush and brush the floor until I have a cognition." She went to the bathroom and brushed her theeth teeth.

[FSO00158]

to: SNR C/S from Med. Off. Manager RE Lisa McPherson

19 Nov. 95 6:45 P.M.

RUSH

This afternoon Lisa walked like a robote.

What is new: if she starts talking she talks and talks, than she stares at a spot;

She also tries to push buttons on a me (what she never did before). She says I am her and she is controlling my body. She kissed me on my moth mouth.

Once i let her sit outside for 5 minutes. Than she kissed me twice on my face and starred at me.

Later she said how wonderful my skin is.

As I had my TR's in she stopped doing it.

In the evening she started starring in the light.

I got her to eat a tuna sandwich, she also drank 2 cups of calmag and took all vitamins.

While I was writing this outside she came outside.

When I brought her in, she took my arm and put it on her tummy and went with her tongue over my face. I brought her back to bed.

She jumped up again and while I am writing this she is standing next to me, talking non sequiter things.

[FSO00159] - She wanted to call her Minister. He has No 10.

- She called me Mom when she awoke this afternoon.
- She wants to go to a party.
- She has a date with her mother at the pool.
- She told me about the titts of her mother and picking in my breast while she was doing it.
- She told me again that her mother made her to take a napp with her every day after lunch and than she sneaked away. Out of controll.

To SNR C/S

20 Nov 95

From Med. Off. Manager RE LISA McPHERSON

1:50 PM

Lisa did not realy sleep last night, but jumping out of her bed. Susann Reich had to get her lay down again and again.

Today she slept 1/2 hour. She is still lookin trying to look in the lightbulbs. "You have to follow the light, as light is live."

She doesn't talk that much as we do not talk with her.

She is counting with her fingers, pointing somewhere.

When I gave her a cup of water she through it on the flow floor. "Did this frighten you?" "No, I don't think so," she said.

3 times when Emma or me gave her a piece of banana she put it in a way in her mouth that she vomitt it out.

Last night I made her drink 1 cup of calmag and to took 1 B1, the 2nd cup and 2nd B1, she vomitted out.

She has difficulties even to swallow a bit of water. She got 2 sip of protein drink down. Right now she is again jumping out of the bed over and over.

MLO Report

1/12/95 11⁰⁰

Lisa McPherson

Given 2 gm Mg Cl_2 IM at $10^{30} + 2$ - 500mg Chloral Hydrate (capsule pierced and as much possible squirted into her mouth). She swallowed and fell asleep in the middle of a sentence. Resp rate 18-24. Extremities still cool but not cold. S. DLV. needs relief now; I will stay until replacement comes:

Plan: (1) Valerie or watch personnel w/medical training for next 8 hrs.

(2) Needs 2L fluids when awake and attempt to feed.

(3) Call if any ?'s prob's.

ML, JJohnson M.O.

[FSO00215]

SNR C/S FSO <-----To:

29/11/95 From: Valerie Demange 1:20 PM

Lisa McPherson

(Addition to the morning report)

Dear Sir,

Since 11:00 AM yesterday morning, Lisa slept 3 hours during the day (it was 3 times 1 hour) and as I wrote earlier she did sleep 3 hours this last night.

1 hour and half ago, she drunk a full protein drink as well as took 300 mg B1, minerals, B complex, 200 mg of potassium. We then had her take a bath as it has been successful yesterday to have her sleep.

Ml Valerie

MLO Report

29/11/95 1130 AM

Lisa McPherson

Had about 3 hrs sleep last night. The 'watch' said she was quieter, but suspects its because she's weak, in spite of protein drink, etc of yesterday.

Vitamins & protein drink being prepared for her now.

Will be given Cal Mag as well.

[illegible] P/MLO